



*"A Hand for the Downed Rider"*  
**The Helping Rider**

A.I.M VANCOUVER

125~ Winter~ 2016



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*Serving over 250,000 on-and-off road motorcyclists throughout the province, A.I.M. is a benevolent, non-profit society registered under the provincial Societies Act and holding a Federal Charitable Tax Number. A.I.M. is committed to assisting injured motorcyclists by providing legal assistance, knowledge of rights, assistance with emotional support as well as regular hospital visits and helping with aspects of recovery not covered by other agencies. It is operated solely by volunteers and relies on memberships and donations for funding.*

**Ride like you are Invisible, Ride Defensively!**



## The Helping Rider #123~ Summer~ 2015

### Vancouver A.I.M.

#37 - 13320 116th Ave,  
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Tel: 604-580-0112  
Fax: 604-580-0114

[www.aimvancouver.com](http://www.aimvancouver.com)  
[info@aimvancouver.com](mailto:info@aimvancouver.com)

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Free to all interested readers.  
Advertisements are welcome.  
Articles and letters to the editor are also  
welcome.

### CHAPTERS

### Vancouver Island, BC Northern (Prince George BC)

Please forward to Vancouver address

### A.I.M. Interior

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Kelowna, B.C. V1X 4K6  
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[aim@aiminteriorbc.org](mailto:aim@aiminteriorbc.org)

### A.I.M. Meets

Third Thursday of the Month 7:00 pm  
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A Big  
Thank you!!

### Newsletter Ad Rates

Size	\$ per Issue	\$ per 4 issues
1/8 of page (B card)	40	150
1/4 page	80	300
1/2 page	160	600

### Disclaimer

**We welcome your input, articles printed in the newsletter do not necessarily reflect the opinions of the Association For Injured Motorcyclists**  
Events, posters, and other information presented within this Newsletter are, to the best of our knowledge, true and accurate; although we make a genuine effort to provide accurate information about third party events, you are ultimately responsible for verifying the information to rule out the possibility of errors, omissions, and unexpected changes or cancellations. -Thank you!

## Saying Thank you to Everyone

AIM would like to thank all our amazing Sponsors for their support

There are always so many people, businesses and groups to say thanks too, so I hope I have not missed any.

Alex Barrie, Barber Prosthetics Clinic, BCCOM, Christian Rider's Biker Church, Classic Bike Swap Meet Ltd, Clarke Hill Motors, Cypress Motorbike, Dukes Country Pub, Fraser Valley Toy Run, GF Strong & Staff, Godoy's Insurance, Gospel Riders, G.V.M.C, Impact Canopies Canada, Ivers Custom Cycles Ltd, Jill Seymour, Langley Hog Chapter, Lower Mainland Toy Run, McNeney + McNeney, Motorcycle Lawyers.ca, Mountain View Harley, Nanette Jacques( Pet Lover Show) REE,(Rehab Equipment Expo) Rhythm Street Band, Rose Keith Trial Lawyer, Russell Prosthetics, Salmon Run Squamish, Shoppers Home Health Care, Sasquatch Inn, Save On Foods, Tina Sutter founder of B.R.A.I.N, Trev Deeley Motorcycles, Urge Studios (Tattoos), Vintage In the Valley.

Also would love to thank anyone I may have forgotten there were so many this year to

remember so If I forgot anyone I apologize but everyone Thank you Sponsors and all Volunteers for a great 2015 and see you all

## Motorcyclists :

### Are a very charitable group of people:

with millions of riders participating in charity rides, also known as poker runs, throughout the country all year long.

### The following is an adaptation from the MSF A Guide to Group Riding Pictures @

[http://www.arnj.army.mil/soldierresources/guardsafety/Documents/Motorcycle%20Safety/MSF%20Quick%20Tips%20Group\\_Ride.pdf](http://www.arnj.army.mil/soldierresources/guardsafety/Documents/Motorcycle%20Safety/MSF%20Quick%20Tips%20Group_Ride.pdf)

**Arrive prepared.** Arrive on time with a full gas tank. Hold a riders' meeting. Discuss, routes, stops, and hand signals. Assign a lead (road captain) and sweep (tail) rider. Both should be experienced riders who are well-versed in group riding procedures.

**The leader should** assess everyone's riding skills and the group's riding style. Keep the group to a manageable size, Ideally five to seven riders.

**If necessary,** break the group into smaller sub-groups, each with a lead and sweep rider.

**Ride prepared.** At least one rider in each group should pack a cell phone, first-aid kit, and full tool kit, so the group is prepared for any problem that they might encounter.

**Ride in formation.** The staggered riding formation allows a proper space cushion between motorcycles so that each rider has enough time and space to maneuver and to react to hazards.

**The leader rides** in the left third of the lane, while the next rider stays at least one second behind in the right third of the lane; the rest of the group follows the same pattern.

**A single-file formation** is preferred on a curvy road, under conditions of poor visibility or poor road surfaces, entering/leaving highways, or other situations where an increased space cushion or maneuvering room is needed.

**Avoid side-by-side** formations, as they reduce the space cushion. If you suddenly needed to swerve to avoid a hazard, you would not have room to do so. You don't want handlebars to get entangled.

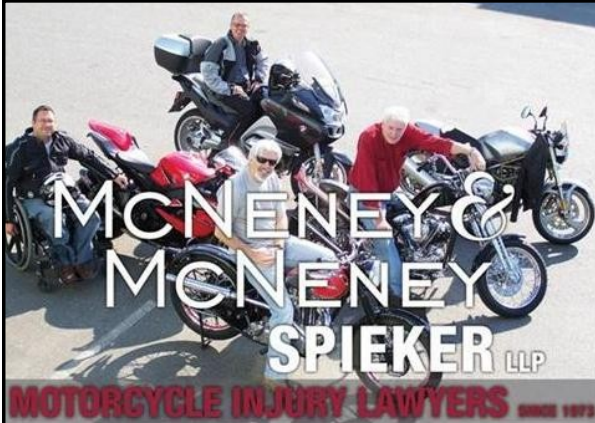
**Periodically check** the riders following in your rear view mirror and If you see a rider falling behind, slow down so they may catch up. If all the riders in the group use this technique, the group should be able to maintain a fairly steady speed without pressure to ride too fast to catch up.

**If you're separated** from the group, don't panic. Your group should have a pre-planned procedure in place to regroup. Don't break the law or ride beyond your skills to catch up.

**For mechanical or medical problems,** use a cell phone to call for assistance as the situation warrants.

Rider went down??? Call us at 604-580-0112 with full name and hospital if you know it.

If you know of a downed rider that would like a visit from A.I.M,  
please let us know by calling us at 604.580.0112



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# Petlover show

**Motorcycle Rider have pets too... :)**  
**At Tradex February 27, 28 , 2016**  
**You will have a great time and lots to see....**



A big thanks to all the volunteers who helped out at all of our events and came to our meetings. Without volunteers AIM would not exist. Also, a big thanks to Chris Munro who typically wears three hats at once. Chris stepped down from Treasurer which she has held for many years and her dedication to AIM is unrivaled. She still is helping out with the Newsletter and Memberships, etc.

Welcome to the new members of the Board of Directors, some repeating. They can be seen in the masthead of this newsletter.

Looking forward to a new year. Everybody ride safe!

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## Helping the Downed Rider – What A.I.M. has Provided

Primarily, the Association for Injured Motorcyclists provides assistance to a downed rider with the following:

- Moral support by means of weekly Visitations,
- Information regarding their rights, how to select a lawyer,
- Information on various benefits that may be available to them and resources they can tap into,
- Information re: negotiating the insurance maze,
- Provision of a daily Journal in which they can record their recovery and which contains other important information.

Examples of our work are as follows:

### In Hospital: We have

Given the downed rider spending money while in hospital for the food/beverage vending machines  
Help the downed rider fill out any forms that are needed, guide them through the insurance maze explain the basics of how Part 7 benefits apply.  
Provide transportation for the partner to visit if required. Provide them with motorcycle magazines which are donated to us by the publishers.  
Support them by attending their Team Meetings at the rehab clinic.  
Find lodgings for friends and relative visiting from out-of-town.  
Provide information about various modifications that can be made to their bike to accommodate their disability also, help them arrange the purchase of a modified van.  
Bring food or, take them out for supper if allowed. Often, have them transported to a restaurant. Many directors on our Board will attend and the downed riders get to meet and socialize with other motorcyclists as well.  
On an outing: perhaps to the motorcycle dealership or the bike shop where their bike was taken so they can take pictures of it and discuss the ICBC estimate and repairs with the shop foreman.  
Or just an outing (eg: Stanley Park) to get out of the hospital or rehab clinic for a few hours. This is especially important to someone from up-country who has no friends or relatives living down here in the Lower Mainland and thus has no one visiting them.

### At Home:

When the downed rider is released back home from hospital, they may be in a cast, using crutches and essentially house-bound for a few days. They may not have transportation, or if they do, are unable to drive and have found that our services are especially important at this time in their recovery.

Pickup up prescriptions, brought groceries meals (hamburgers, etc.) and a coffee to their house, run errands or drive them to acquire groceries, renewing insurance, etc.

One example is going down to the downed rider's union office to get some forms that they needed to fill out to apply for their medical coverage and wage indemnity while they were off work..

Have gone down to the towing yard at a downed rider's request with his camera to take pictures of the damage to his bike.

One example would be grocery money to the downed rider who was restricted to bed who gave the money to a friend who bought a bunch of TV dinners for him.

He was able to get up on his crutches and hobble into the kitchen and throw a TV dinner into his microwave and thus he had at least one meal a day. He wasn't able to stand to cook his meals yet.

### Quote:

**Driving a motorcycle is like flying.  
All your senses are alive.  
When I ride through Beverly Hills in  
the early morning,  
and all the sprinklers have turned  
off,  
the scents that wash over me are  
just  
heavenly.  
Being House is like  
flying, too.  
You're free of the  
gravity of what people think.**



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## The Riding Season is very close

A Reminder!

### The Importance of Collision Coverage

Insurance is expensive and we often find as many ways as possible to reduce the cost of insurance. One way you should not be decreasing your insurance cost though is by not getting Collision Coverage. Imagine that you are riding your bike one day and wildlife suddenly crosses the highway, causing you to make an emergency maneuver to avoid a deadly crash with the animal. In the process your bike goes down and incurs significant damage. If you are one of those people who have tried to decrease your insurance bill by opting to not purchase collision coverage when you take your bike in to be repaired you are going to get a very unpleasant surprise. Rather than paying a deductible and getting the bike fixed you are going to be responsible for the entire cost of repairs to the bike. If the bike has been damaged beyond repair you will not be given any money by ICBC to replace it. Without collision coverage, if another person is not at fault for the damage to your bike there will be no insurance to cover the cost of repairs or replacement, or the cost of towing, or the cost of storage. You will have to pay each of these expenses personally and in many situations this could mean that the investment that you have made in your bike is gone.

Collision coverage is available to every motorist. If you have a history of at fault accidents the deductible for the collision coverage may be higher. The insurance that you get from the collision coverage will help to pay for the cost of your motorcycle repairs or replacement, towing and storage when the accident is your fault. This collision coverage applies and is available to you if you hit another vehicle, object or something about the surface of the road causes damage to your vehicle. The collision coverage will protect you by covering the cost of the repairs, towing and storage when your bike is damaged, or a cash settlement if your bike is damaged beyond repair. Your bike is likely worth a lot of money. For many people, if the cost of repairs or replacement, towing and storage are not covered by insurance they will be unable to afford the cost of repairing the bike.

When you buy Collision Coverage you will have to choose a deductible amount. The deductible is the amount that you will have to pay before the insurance kicks in to pay for the remainder of the repairs. Generally the available deductibles range for \$300 to \$2,500, with the cost of the insurance increasing as the value of the deductible decreases. In other words, the higher the deductible, the lower the cost of the insurance premium. When you are deciding the amount of the deductible make sure that you are thinking carefully about how much you will be able to pay to have the insurance kick in. If you choose a \$2,500 deductible to decrease the cost of the insurance it will only be of benefit to you if you are able to pay the \$2,500 if you need the insurance. Having Collision Coverage provides you with peace of mind in knowing that regardless of how an accident has happened the cost of

repairing or replacing your bike will be covered. Remember that if you save money on the cost of insuring your bike by not getting Collision Coverage you are running a huge risk and that risk could result in the investment that you have made in your bike being completely lost. Unless the damage to your bike is because of someone else, if you do not have collision coverage ICBC will not cover the cost of repairs, replacement, towing or storage.

You can get a quote for the cost of Collision Coverage by contacting an Autoplan Broker



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## Safety First



### *I recently reviewed our Newsletters*

*(The Helping Rider) and noticed a lot of articles about safety. In fact, we are quite anal about it and over half the articles were related in one way or another to riding safely. And for good reason. It can keep us on the road in good health.*

*Four things come to mind generally which can keep us safe.*

- a) keep the bike mechanically safe, especially the tires.*
- b) wear proper protective clothing: ATGATT (all the gear all the time).*
- c) awareness of riding environment, traffic patterns, road conditions, weather, etc.*
- d) attitude: riding defensively, "look out for trouble" on the road, etc.*
- e) With regard to ATGATT, I knew a rider once who went down while wearing running shoes. His ankle was virtually destroyed with the scraping on the pavement and he ended up with a fused ankle. Had he been wearing proper leather motorcycle boots, he likely would have got off with a sprain.*

*We will continue to emphasize safety in our Newsletter in hopes that this will help reduce the carnage out on the roads. As we are fond of saying: We would rather meet you on the road than in the hospital. Ride safe.*

**REPEATED ARTICLE + THOUGHT  
IT WAS IMPORTANT  
WATCH OUT FOR BLACK ICE !**

*An invisible film of ice over dark surfaces, such as pavement or water, that makes them dangerously slippery. en.wiktionary.org/wiki/black\_ice Black ice (or glare ice) is ice frozen with few air bubbles trapped inside, making it highly transparent. This type of ice appears in the color of the material beneath it, often wet asphalt or a darkened pond.*

*en.wikipedia.org/wiki/Black\_ice*

I always get a kick out of this warning when people give it to me. Despite their good intentions, it is comical to warn a person to look for something that can't be seen. It usually does not reflect or shine or glisten like regular ice but looks like the regular asphalt only just a little darker. That is why it is called "black ice".

Now that Fall is close, some of you will still be riding, watch out for the mornings that are frosty and a patch of "black ice" can catch you unawares with disastrous results.

To ride safely consider the following hints.

Start out by setting the right mental attitude. Nail a piece of bare (unpainted) metal to your shed or garage. Before you head out on your bike in the morning touch the metal to see if it is frosty. If it is, then think that the road will be frosty as well and ride accordingly. The metal will attract frost before other surfaces and this will give you a safety margin.

Know that the only way you can identify black ice is that a patch on the road might look a little darker, as if it had not dried completely. Most times you will not see reflection that you would see from ordinary ice.

Know where to watch for it:

parts of the road still in shade (especially on a curve) where the sun has not yet shone

- bridges: moisture content in the air arising from the water will be greater
- overpasses: higher moisture content in the air from the exhaust of the traffic below
- patches on the road where melted snow has drained across the road
- mist or fog in the air at freezing temperatures (even at a couple of degrees above)
- unsalted portions on the road

Here's one to think about. The Department of Highways truck salts the highway but stops the salt spreader when going through the Deas Island Tunnel (no need to salt where there is no ice). The highway slopes downward into the tunnel. So the salted ice on the highway melts and runs downhill into the tunnel, but because there is no salt there, it will refreeze and you will run into a patch of ice where you least expect it.

*One of the great pleasures of riding is being on the road when the sun is rising and the mists are whispering away from the fields and the air smells fresh, but beware of the hidden dangers lurking on the road. Ride safe.*

Gary Richardson, Visitation Director

## Preventing Motorcycle Theft

1. Lock your ignition (the majority of thefts happen when the ignition is turned off but not locked)
2. Lock your motorcycle to a stationary, immovable object
3. Lock the forks and disc brakes
4. Install a motorcycle alarm
5. If group riding, park bikes together
6. If garage parking, hide your bike behind a car or large object
7. Check on your motorcycle periodically
8. Make sure locks are wrapped as tight as possible; slack provides room for thieves to chisel away
9. Install a hidden "kill" switch
10. If selling your motorcycle, don't let unknown buyers go for solo test rides (they may not come back)

*The stolen-motorcycle recovery rate is quite low: only 25–30 percent, compared with 60–65 percent*

## 2015: THE YEAR IN RETROSPECT

Once again the year has gone and we are looking at a new riding season. Each year brings something different and this one has not surprised.

**Visitations** This year we assisted 38 downed riders, performed 84 visitations and helped 12 family members. Each year patients are being discharged earlier and earlier which results in fewer weekly hospital visits. The home visits are down as well.

Visitation Training Seminars: We held two training seminars this year, one for AIM Interior in Kelowna this spring and we just completed a second one here in the lower mainland in November for our Vancouver Chapter. Both were well attended and both Chapters now have a large number of Certified Visitation Volunteers.

Recovery Journal: A third edition of the AIM Recovery Journal was printed. This was updated with new and additional information and we thank all our supporters who took out ads to pay for the printing. Anyone can access and print out any section of the Recovery Journal they wish by going onto the AIM web site ([www.aimvancouver.com](http://www.aimvancouver.com)), scroll down the left column and click on

## Some Web pages for Riders

<http://www.cmdra.com/>

<http://www.motorcycling.ca/>

<http://www.bccom-bc.com/index.html>

<http://www.gvmc.ca/index.asp>

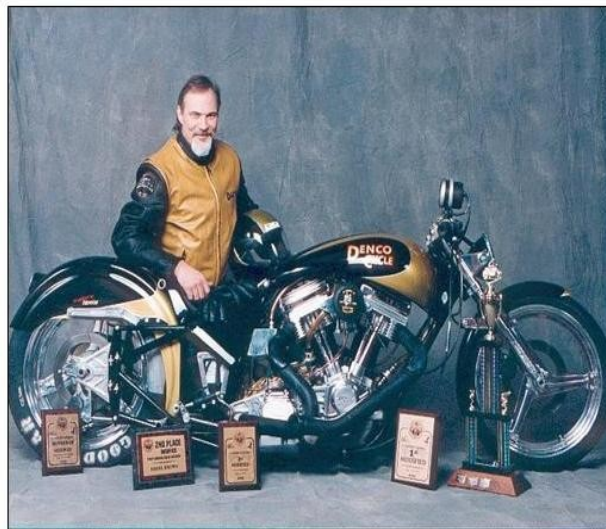
<http://www.beltdrivebetty.com/>

<http://www.bustedknucklenews.com>

<http://www.msgroup.org/Articles.aspx?Cat=6>

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Newsletter is in color at

[www.aimvancouver.com/news/](http://www.aimvancouver.com/news/)



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[carpcycles@gmail.com](mailto:carpcycles@gmail.com)



## Calendar Events for 2016

January 23-25, 2016  
The Tradex Motorcycle Bike Show  
[www.vancouvermotorcycleshow.ca/](http://www.vancouvermotorcycleshow.ca/)

February 27, 28 2016—  
Pet Lover's Show at Tradex

March 26, 2016  
Old Timers Dance put on by AIM 7pm to 1am  
See Poster Front page

May 1, 2016  
30th Annual Classic & Vintage  
Motorcycle Swap Meet -

@

Sunday @ Agriplex Building on the Cloverdale  
Fairgrounds, 17798 - 62nd Ave., Surrey, BC. Info  
line: 604-299-0020 or (cell: 604-313-4394) or  
[www.ClassicBikeSwapMeet.com](http://www.ClassicBikeSwapMeet.com) or twitter:



Enjoy Riding Everyone!!!!!!  
Be Safe and Wear your Motorcycle Gear



Has Your Membership Expired?

## Scooter and Bikers Prayer

Lord, let your hand be on the throttle of my life.  
When I need to go forward, open it up!  
Keep my eyes focused in front of me,  
So that I don't become lost.  
When I need to turn, Point me in the right direction.  
Show me the signs along the way,  
And give me the wisdom to take the right road.  
When I need to stop, Put on the brakes.  
When I ride into the darkness,  
Be my headlight.  
Encourage me to take time daily  
To fill my tank with your Spirit.  
Protect me and guide me safely around the potholes in my path  
Forgive me when I ride off course, As I forgive others that may  
(unintentionally cut me off.

Throughout my journeys in this life,  
May I be a witness to your strength, your joy and your love, And  
may you ride by my side from this day and forever more.

AMEN

## Quote:

*Life is not about finding  
yourself. Life is about Creating yourself.*

George Bernard Shaw

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**Working for your freedom to ride!**



On January 22,23,24-2016

At the

Abbotsford Tradex Center

**Come and check out the Motorcycle Show**

**Stop at the AIM Booth**

And do not be shy, ask questions, as we love to chat, sharing valuable

Information that is a beneficial to the Injured Rider and their Families

**BLAST N? THE PAST** **50'S DINER**

**The Harpdog Brown Trio**



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**SATURDAY, JAN. 23RD**

**SHOWTIME 8:00PM**

**Pay what you can @ the door**

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## A Word from Our President:

*Aim has had an Interesting Year:*

We were invited to have a booth at the RCMP Skills Testing Ride it was good to be there watching Officers and Public riders try their skills, some were pretty good and few went down no one was hurt it was a good day all around. (Check back page of Newsletter for few pictures).

The Show and Shine at GF Strong went well Air Brush Tattooing, Cake, door prizes, and good music. All clients seemed to have a goodtime; some of the clients did quite well on the intake of food. Special thanks to the Gospel Riders for cooking they did a great job.


A few years back we went to Ontario because some people asked about starting a chapter, the meeting went well they had a hard time understanding that any funds they raise over there stays there. The group didn't realize as AIM we do not charge for the use of our name or logo, each chapter is given permission from AIM as long as they are using it for the purpose of helping Injured Riders.

What brought this to mind was in the last few days we have had calls from Ontario on the possibility of starting a chapter and these calls were from different people than last time and different area of Ontario.

And we have had calls from people in Ontario wishing to purchase pins, patches and other AIM stuff. We don't know if anything will come of this but is heart warming to have people feel we are doing a good thing and maybe they should start a chapter in Ontario.

As far as AIM is concerned the more area covered by chapters the more we can help Downed Riders and their families.  
President, Dave Munro





**BARBER**  
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## Ice Bucket Challenge

Guess with the current trend, I decided to take on an Ice Bucket Challenge. I thought maybe I could raise money for broken down motorcycles. Rejuvenate them and get them back on the road. Of course, money is needed to replace the broken pistons, callipers, ignition modules and wheels and tires. So I thought I would raise funds to refurbish these items and put older motorcycles back on the road.

I went to the local hardware store and purchased a white plastic five-gallon bucket and filled it with ice. I then got all my friends (now sympathizers) to pledge \$ 100 each for my effort. Then I filled the bucket with ice and raised it above my head and turned it upside down and showered the ice onto myself.

The shock was so great that I was not able to lean properly into the oncoming curve and I ran

dab-straight into a tree! I am writing this from the hospital with my left leg in traction and my right arm in a cast. Next time I will try it on solid ground.

To all my friends, make your donation of \$ 100 to the Association for Injured Motorcyclists. I need their support!

Gary Richardson,  
demented motorcyclist in need of help.



**ASSOCIATION FOR INJURED MOTORCYCLISTS**  
#37— 13320 116TH AVE, SURREY BC V3R 0R8  
PH. 604.580.0112 FAX. 604.580.0114  
WWW.AIMVANCOUVER.COM



Whether you are an accident victim or a sincerely interested party, please take our appeal earnestly. We are serious about our livelihood. WE NEED YOU! ... Become a member and give us support for effective representation on all matters of concern to Injured Motorcyclists.

Name: \_\_\_\_\_ Cell: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ P/C: \_\_\_\_\_

Ph: \_\_\_\_\_ Email: \_\_\_\_\_

Please return this application with your payment to the address above.  
Make checks payable to (A.I.M.)  
Association for Injured Motorcyclists  
Thank you for your Support!

- New  Renewal
- Would you like Newsletter by Email
- Would you like to Volunteer?
- Single Membership \$25.00
- Couple Membership \$35.00
- Club Membership \$35.00

OFFICE USE	

AIM WAS INVITED TO ATTEND RCMP SAFETY SKILLS EVENT



AIM VISITATION GRADUATES FOR 2015

GF STRONG 2015 EVENT



LIVE TO RIDE EVENT

